

SDECCC: San Diego East County Business Openings – 4.20.20

Remember, things are changing hourly, and this email to you could be out of date soon after they are sent. Please help us keep the information as fresh as possible.

If you would like to be added to this list, please send your information to gm@eastcountychamber.org. Don't forget to share this list with family and friends. Support our Chamber Members!

Aardvark Ant & Pest Control, Inc.

2514 Jamacha Rd. #502-40 El Cajon, CA 92019
619-579-5020

Aardvark Ant & Pest Control Inc., has been designated an "Essential Business" and we are still working.

Abbey Party Rents

1027 N. Marshall Avenue El Cajon, CA 92020
(619) 599-1025 phone
www.abbeypartyrentals.com

Abbey Party Rents is still open "remotely" and is fully operational to meet your rental needs. If you need immediate assistance please call 619-599-1025. Secondly, if you have inquiries, changes, questions/ or comments we will be answering them in the order they are received and hope to assist you all in a timely manner.

A Better View Exterior Cleaning Specialists

Crystal Zumbado (Owner)
5128 Dailey Ct, La Mesa, Ca 91942
(619)254-9296
WWW.ABetterViewSanDiego.com

Alvarado Hospital

6645 Alvarado Road San Diego, CA
<http://www.alvaradohospital.com>
Yes, we are open. We're just not taking any visitors at the moment.

Anderson Plumbing, Heating & Air

1830 John Towers Avenue El Cajon, CA 92020
800.530.1102
AndersonPHA.com
Designated by Federal and State Guidelines as an Essential Business for public health, Anderson is here to help with plumbing, drains, heating and cooling to help keep your family safe and healthy.

aRGee Computers

7840 El Cajon Blvd. Suite 304, La Mesa (By Appointment Only)
(619) 462-2448
Email: bbrown@argee.com

Website: www.argee.com

We are helping many customers with their work-from-home solutions. Be sure to that your home network is secure, keep your antivirus up to date, and run regular backups of your data. If you need help call me. I'm still running calls and also have the ability to maintain and repair your systems remotely.

ASI Heating & Air – THE WHITE GLOVE GUYS

4870 Viewridge Ave #200 I San Diego, CA 92123
619-219-8963

Attention Getters Design

1537 N. Cuyamaca, El Cajon
619-441-8901
Email: tracey@attentiongetters.com
Website: attentiongetters.com

We are available to take care of your needs for banners and signs. Contacting us via email or phone would be best at this time. We have stickers to put on your floor that say "Wait Here" for businesses that need to remind people to stay six feet apart. Thank you, we'll get through this together!

Burning Beard Brewing Co.

785 Vernon Way, El Cajon
619-456-9185

Open everyday at NOON serving beer to go 7 days a week. Crawlors, growlers, cans, and a variety of specialty bottles are available. Call ahead at (619) 456-9185, or come in and order in person. Curbside delivery available.

Cable, Pipe & Leak Detection

1483 N 2nd Street, #201 El Cajon, Ca 92021
619-873-1530
info@cpldetection.com
www.cpldetection.com

CPL is open and are taking all the necessary precautions. We are still here to locate any water leaks, gas leaks and video inspections of sewer lines. Good plumbing is necessary for the health and safety of everyone.

Cabrera and Associates Inc.

119 Fletcher Parkway (To the left of Office Depot) El Cajon, CA 92020
619-588-4307

[Facebook](#) Instagram www.ctaai.com

We are presently open for business. We've taken several proactive measures to address the challenges that COVID-19 brings and avoid as little disruption to our services as possible. We are working hard to protect the health of all our team members and stepping up health and safety efforts in our office. We are making adjustments to the way we work, more cleaning, pre-planned protocols and limiting access inside our office and site visits. Our team members are working from home. We're responding as best we can to an

ever-evolving situation, our phone is still available 619-588-4307 during normal business hours, please send an email and we will respond to you as soon as possible.

Cartwright Termite & Pest Control, Inc.

1376 Broadway, El Cajon, CA 92021
(619) 442-9613 / (866) 4MR-BUGS

Children's Choice Learning Connection, Inc

Jenni Grawvunder, COO
(619) 249-4328 (Direct Line)
Children's Choice is still open providing care to any of the families that need it.

Christian Brothers Emergency Building Services

Matt Miller, Director of Operations
10176 Riverford Rd Lakeside, CA 92040
Office: 619-469-8955 Cell: 619-922-4248
Direct: 619-334-0610 License # 968382
www.ChristianBrothers.pro
We are handling water losses, fires, mold, any commercial or residential building emergency.

Clayco Electric Inc.

Solar Specialist
619-971-2799
contact@claycosolar.com
www.claycoelectric.org

Clifton Mercedes

open
www.cliftonmercedes.com

Comfort Keepers - Senior Health Care

900 North Cuyamaca Ste. 201 El Cajon, CA 92020
Office-(619)444-3200
michelecamarda@comfortkeepers.com
8am-4pm Mon-Fri In Office Hours
Emergency On Call Hours 24Hrs/7Days a week

Courtyard by Marriott

141 North Magnolia Ave. El Cajon, CA 92020
www.courtyard.com
619.334.6999

Crystal Cleaners

360 N. Magnolia Avenue El Cajon CA 92020
(619) 440-6165
Email: Crystalcleaners@sbcglobal.net

We are open for business! Mon Wed Fri: 7am – 6pm
We are temporarily closed Tue Thu Sat
All of our regular dry clean and laundry services are available during our operational hours.

Dixieline El Cajon

1262 East Main Street, El Cajon, CA 92021-7250
619-440-7711
www.dixieline.com

East County Schools Federal Credit Union

1069 Graves Avenue #100 El Cajon, CA 92021
(619) 588-1515
www.EastCountySchools.org
Our El Cajon office is OPEN - operating with CURBSIDE CONCIERGE Service, stay in your car and we will come to you. We are staffed to answer our phones at (619) 588-1515 and conduct business, including our new [COVID-19 Financial Assistance offers](#) including fee waivers, 90-day Skip a loan payments and Financial Wellness Loans to members and new members (must be an east county school district employee or family member). Applications are all available online at www.eastcountyschools.org The La Mesa branch lobby is CLOSED to foot traffic temporarily.

East County Urgent Care Industrial and Medical Clinic

1625 E. Main Street #100, El Cajon CA 92021
Office: (619)442-9896 | Fax: (619)442-2245 |
Email: jeff@eastcountyurgentcare.com
Website: www.eastcountyurgentcare.com
To our neighboring families and businesses, we are still open 7 days a week to treat your illnesses, injuries, work injuries and occupational medicine needs. Additionally, we offer telemedicine and phone/text check-in and triage in order to minimize contact and practice social distancing.

Elite Smog and Auto

1027 Greenfield Drive #1 ans #B
Office 619-590-2991/Fax 619-590-0034
Email.elitesmogandauto@gmail.com
www.elitesmogandauto.com
Monday-Friday 8pm-5pm
We are open for repairs, services and smog inspections
Appointments for smogs are recommended

Excell Security, Inc.

TEAM XL, XLStaffing.com & Excellsecurity.com
(619) 579-0442
stephanie@xlstaffing.com
<http://www.excellsecurity.com/>

If you need security guards we can help you. If you have laid off employees we could use them. We will be doing interviews by appointment only. Fill out orders or applications on line.

Express Employment Professionals

700 N. Johnson Ave, Ste. F El Cajon, CA 92020
(619)202-0337

San Diego has definitely seen the impact of COVID-19 in the workforce. Employees are having to call-off due to school closures (childcare challenges) and or fear of contracting the virus in the workplace. If your business is listed as Essential/Critical Infrastructure Sector and are affected by these last minute call-offs, Express Employment Professionals is here to help. We have associates (Sales, Manufacturing, Administrative, etc.) who are cleared to work and ready to assist to keep your business going. Please call us at (619)542-0337 or email: SanDiegoCaEast@ExpressPros.Com.

Eye/Comm Inc.

Print – Mail – Fulfillment

Website: www.eyecomm.org

Email: summer.gould@eyecomm.org

(619) 448-6111

For more than 29 years, clients in San Diego and across the country have partnered with Eye/Comm to meet their direct marketing and fulfillment challenges. With Eye/Comm, you get a nimble team that works with you to implement the best strategies and employ the right channels to meet your print, direct mail and fulfillment objectives.

Fair Cadora, APC

Divorce & Family Law Attorneys

8220 University Avenue. Suite 201 La Mesa, CA 91942

Phone: (619) 255-8500

Web: www.faircadora.com

Farmers Insurance

Kristine Avram

5520 Wellesley St. Ste 207 La Mesa CA

619.465.5298

We are working remotely, but can still help anyone that has insurance needs. We write all lines of insurance including Health Insurance.

First Class Payment Systems

10463 Austin Dr., Ste. G, Spring Valley, CA 91978

619-660-0355

www.firstclasspaymentsystems.com

First Class Payment Systems is merchant service provider that set up businesses to accept credit cards as a form of payment. Our main priority is providing our merchants the best customer service, the highest and most advance level of data security, and industry leading point of sale terminals, while ensuring the most efficient cost cutting solution. We are certified to board all merchants in every major industry such as Retail, Restaurant, Petroleum, Supermarkets, Hotel/Lodging and E-Commerce. Please give us a call if you are interested about us or have questions about your current service provider's rates, we are here to help.

Fletcher Hills Dental Arts

595 N Westwind Dr. El Cajon, CA 92020

619.442.0983

Only seeing dental emergencies at this time

Foothills Christian Church

www.foothillschurch.org

(619) 922.4184

Services are live streaming 6:30 pm Saturday, 9:00 am and 10:45 Sunday.

There is a daily study through the book of Acts on our website as well as many family resources.

Gear Head Insurance

Doug Napieralski

619-663-5425

www.GearHeadInsurance.com

Doug@GearHeadInsurance.com

I will be doing some giveaways for local businesses on my FB page to help as much as I can to keep things moving.

Facebook.com/GearHeadInsurance. I am available while people have this extra time to review policies! Email or Text is welcomed.

Goodsell & Company, CPAs

1679 E. Main Street, Suite 105 El Cajon CA 92021

Phone: (619)283-4343

Email: craig@goodsellcpa.com

Website: www.goodsellcpa.com

We are still open and here to help both individuals and businesses with taxes, financials and other matters. Even though filing deadlines have been extended, don't procrastinate!

Grossmont Escrow Co.

Caren Gage, Jamie Dominguez & Bridget Cobbs

7870 El Cajon Blvd. La Mesa, CA 91942

619-469-2181

www.GrossmontEscrow.com

We are OPEN and here to handle all of your Real Estate settlement service needs.

"If we ain't open, you ain't closin' "

Honda of El Cajon is open for Parts and Service.

Sales Department is open by appointment only. (Please call in to the dealership to schedule your appointment.) (619) 440-1000

Jackie's Jams

Manufacturer of Jams and jellies

1444 Pioneer Way, Suite 11, El Cajon, CA 92020

10 am – 2 pm

Website: www.jackiesjams.com

Email: info@jackiesjams.com
(619) 823-9433 (Voice or Text)

We are open and crafting jams and jellies for grocery stores including Whole Foods and Sprouts. In addition we are offering shipping to your home and throughout the United States, including military bases. Contact us at 619-884-5093 if you would like to stop by to purchase. In addition, you can find our jam at Hilliker's Egg Ranch in Lakeside.

Greg's Automotive

1641 N Magnolia Ave, El Cajon
(619) 440-4337

Greg's Automotive Helix

4654 Avocado Blvd, La Mesa
(619) 444-7993

In business over 40 years

Both of our shops, El Cajon and Rancho San Diego are open our regular hours. We are continuing to send maintenance reminders as usual. If your vehicle needs service, of any kind, and you need special considerations on how and when to get it to us, we are prepared with a couple of options. We have initiated, among other measures, "zero touch" service. If you call and let us know what you desire, we will give you an appointment time. You can then drop your vehicle off and put the keys through the mail slot, just like an after hours drop off. We reverse the procedure for your pickup of the vehicle. We have some other tricks up our sleeves, so call if you have special needs. Our customer's vehicles are getting steering wheels and door handles wiped with disinfectant before they are picked up, also. We are striving to minimize your exposure to this virus.

Lloyds Collision Center

Automotive needs
9817 Maine Ave Lakeside Ca 92040
619 390-9735

LOVE LIGHT LETTERS

Bridget Cobbs & Debbie Jarvis
619-977-6454

Email: lovelightletterssd@gmail.com

Website: www.lovelightletters.com

We are a letter/number rental company serving San Diego County. Specializing in weddings, corporate events, Birthdays parties and much more! We are taking reservations thru 2021.

Lundy Insurance Services, Inc.

8220 University Avenue Suite 203, La Mesa, CA 91942
Direct: (858) 408-1404 | Fax: (858) 408-1407
Email: Blake@lundyinsurance.com |
Erick@lundyinsurance.com
Website: www.lundyinsurance.com
Monday-Friday 8am-5pm

Lundy Insurance Services is available and ready to put in place health insurance plans for businesses and organizations. We specialize in working with businesses and organizations to provide the best possible solutions to employers wants and needs in regard to implementing health insurance plans for business owners, their employees, and families. We work with all major healthcare providers in San Diego County.

There is currently a **SPECIAL ENROLLMENT PERIOD** for businesses to put in place a healthcare plan.

Healthcare is necessary for the health and safety of business owners, their employees, and their families. Please call or email Erick or Blake with any questions you may have, we are happy to provide assistance. We can facilitate policies over phone, email, or online video meetings during this time.

Lynn's Locksmith Service

1380 East Main Street, El Cajon
619-447-7332

Lynn's Locksmith Service is open! Our full service shop is open, M-F 9:00-5:00. We are also providing our mobile service.

Mail Management Group, Inc

Rachel L Murany
409 Vernon Way - El Cajon, CA 92020
Ph: 619-593-9121 X 102

E-mail: rachel@mailmgmtgroup.com

Website: www.mailmgmtgroup.com

Yes, We are open! We are ready to support you with your important messaging during this difficult time.

We offer a full range of printing and mailing services. Hours are 7 to 4:30.

Reach out via email or on our web site with any questions

Melissa Allen, BS, CPT, CES

Optimum Condition
1069 Graves Ave #104 El Cajon, CA 92021
(619) 252-4993

<https://OptimumCondition.com>

Because we feel maintaining good health to keep your immunity up, as an important component in the fight against the Corona COVID-19 virus, we are seeing clients that are not immune compromised in any way, on an individual basis.

We sanitize consistently as we always have, but now we've added common areas like door handles, to our existing list of equipment surfaces, between every client. We are also practicing social distancing with each appointment.

As for our small group classes, we've changed to Virtual Yoga classes for now, which we're conducting online via Zoom. Since we only see people by appointment, we don't allow walk-ins. But if you are interested in scheduling an appointment to begin a program, or participate in a Virtual Class, please contact me by phone or email.

Mercedes-Benz of El Cajon

1111 Wagner Drive, El Cajon 920120

Service and Parts departments are open to the public.

Sales department is open for essential transactions such as Commercial Sales.

619-387-2400

www.mbelcajon.com

Merry Maids El Cajon

497 Vernon Way El Cajon 92020

Call 619-579-9205 Text 619-600-5352

Info4061@merrymaids.net

Mon - Fri 8am-5pm

Sanitizing and Disinfecting home and Businesses. We are offering enhanced disinfecting of all high touch areas for free of charge. Stay strong San Diego!!

My Boys & Me Window Washing and More

Mark Hoffman

619-508-2305

Myboyswindowwashing.com

My Boys & Me Window Washing and More also offers Janitorial services for offices and buildings. We will disinfect and sanitize the workplace so owners and their employees don't have too. Weekly, bi-weekly or one time deep clean rates are available.

In addition to our regular window washing services, we also offer exterior only window washing services to residents. In most cases, we don't even need to step inside the home!

We are essential services and provide sanitizing and cleaning for the exterior of commercial and residential properties. We are stocked with the CDC's recommended solutions that help combat bacteria growth and germs.

MyPoint Credit Union (Formerly Point Loma CU)

El Cajon Branch: 780 Jamacha Rd. El Cajon, CA 92019

<https://mypointcu.com/>

858-495-3400

We are considered an essential business and our operations are open during these uncertain times.

Oak Tree Escrows, Inc.

Bobbi Pearson, Escrow Officer Extraordinaire

561 No. Magnolia Ave. El Cajon CA

619-440-1815

619-440-8291 FAX

bobbi@oaktreescrow.com

We are open to service all of our Realtors, lenders and clients to keep the real estate industry moving.

Parker Properties

Teri Parker

619.562.6660

www.parkerproperties.net

2101 Alpine Blvd. Ste E Alpine

PARKER PROPERTIES, specializing in property management and real estate sales for residential and commercial properties, is open for business, but working remotely to help flatten the curve. Our office has the technology to manage all accounts remotely for property owners and tenants, which allows for online payments, owner payments, mobile requests and service for work orders. We have 24 hour emergency services. If you have any real estate sales or property management needs, please contact us at: info@parkerproperties.net or 619-562-6660 Also, check us out at www.ParkerProperties.NET

Parkway Real Estate and Property Management

Norma Scantlin and Cristina Rutherford

619.447.7222/619-518-8270

www.parkwaypm@icloud.com

1150 Broadway, El Cajon, CA 92021

PARKWAY REAL ESTATE specializing in property management and real estate sales for residential properties, is open for business, but working remotely to help flatten the curve. Our office has the technology to manage all accounts remotely for property owners and tenants, which allows for online payments, owner payments, mobile requests and service for work orders. If you have any real estate sales or property management needs, please contact us.

PRN Physical Therapy

1663 Greenfield Dr., El Cajon, CA 92021 Phone: 619.440.5752

5905 Severin Dr., La Mesa, CA 91942 Phone: 619.589.2606

10225 Austin Dr., Suite 204, Spring Valley, CA 91978 Phone:

619.670.4567

www.PRNSanDiego.com

Physical therapy is considered an essential and critical healthcare service by the federal government therefore we remain open and here to serve the needs of our patients via Telehealth and in-person social distancing appointments.

Pure Light Cleaning

We are open! We do cleanings Monday – Saturday.

You can book online @ www.purelightcleaning.com

Or call our office at 619-631-4133

You can also email us at admin@purelightcleaning.com

RCP Block & Brick - Lemon Grove

8240 Broadway, Lemon Grove CA 91945

[\(619\) 460-9101](tel:(619)460-9101)

[\(619\) 460-3926](tel:(619)460-3926)

lemongrove@rcpblock.com

HOURS: MON-FRI: 7:00a–1:00p | SAT-SUN: CLOSED

RCP will remain open on a limited basis to service essential and critical construction projects only.

RCP Block & Brick's primary concern is the safety of the community, our employees, customers, and their families.

Therefore, RCP Block & Brick will temporarily be closing all retail locations to normal business traffic and transactions; and operating with heavily modified procedures to serve those critical construction projects that require our products. We are continuously monitoring the ever changing COVID-19 guidelines and adapting to fit the needs of our customers while diligently working to keep our community safe.

Reynolds Business Forms, Inc.

619.444.8185

Email: rbsandiego@yahoo.com

Website: www.rbf-inc.com

Serving East County Since 1985

A veteran owned business. Business Printing & Promotional Products

Robert Half – Accountemps & Office Team

Lance Carter – Branch Manager

13520 Evening Creek Drive North, Suite 420

San Diego, CA 92128

(858) 848-2900

<https://www.roberthalf.com/locations/ca-san-diego/13520-evening-creek-drive-north>

Whether you need to find top talent, your next great job opportunity or a consulting solution for managing your business and resourcing challenges, we can help.

Ron H. Oberndorfer, Attorney at Law

7183 Navajo Road, Suite F

San Diego, California 92119

(619) 464-1200

rho@LaMesaLaw.com

www.LaMesaLaw.com

I remain open for business to help new and existing clients form business entities, draft estate plans, administer trusts or probate estates. Although my paralegal and I are working remotely from our respective homes I can meet with clients by phone or any number of video conferencing applications

San Diego Business Supply

Printing - Ad Specialties - Logo Wear

Website: www.lmprint-logos.com

Email: jim@lmprint-logos.com

(619) 992-3734 (Voice or Text)

We are open and here to help you stay in touch with your customers and prospects. During this unique time it is important for your customers to realize that you are thinking of them. We have many AMERICAN made products that we can decorate with your Company Name, Contact Info, and Logo.

A selection of these items are at the link below.

www.zoomcats.com/catalog/sdbs-usa-made

We have been East County Chamber Members for 13 years and in business for 20 years. We will get thru this together!

SC Fuels

vexlandl@scfuels.com

Office: 619-219-5898

Cell: 619-954-7060

Fuelcard desk 800-229-4236

Our fueling facility is open to cardholders 24/7, the office is open M-F 7-4 for will calls. We are running our full fleet, delivering lubricants and fuel as well.

Screenmobile of El Cajon

Rod Streeper 619-280-2280

www.screenmobile.com/elcajon

We are open for most services - window screens, screen doors, quotes and ordering special items - provided we can do these from the outside of the house. For many jobs, this is an ideal time, as you can be at home to let us know exactly what you need!

Security First

Security Guard Services, Executive Protection & Security Patrol Services

Website: www.securityandpatrol.com

Email: douglas@securityandpatrol.com or

lance@securityandpatrol.com

Office line: (619) 243-3992

We are open and available to provide you with security services. Please let us know if your business or residence is in need of security services. We provide standing security and patrol services to your property. We would be happy to help out and provide you with a walk about of your property and a proposal for your review. Lacey A. Ruiz, our Chief Operating Officer, is a current Board Member with the East County Chamber of Commerce.

Servpro of El Cajon

619-447-7776

445 Vernon Way El Cajon, CA 92020

We are open 24/7 for all water restoration needs, mold clean up, and fire losses. We are also doing fogging. We are here to help anyone in need. Please be safe and protect yourself.

Singing Hills Dentistry

Dr. Dalia Jamma, DDS, BDS, FICOI

2990 Jamacha Road #140 El Cajon, CA 92019

619-670-5133

Email: singinghillsdentistry@gmail.com

Website: www.singinghillsdentist.com

Singing Hills Dentistry - WE ARE HERE TO HELP!

We are open for dental emergencies and urgent needs. Many dental offices have closed, but we are still here for you during this difficult time. We don't want you or anyone in our community to suffer from pain or infection, or to have to go to the already overwhelmed hospitals. We are able to take

your calls, do conference exams via teledentistry and, if needed, open the office so we can treat you.

If you have a dental emergency or an urgent dental situation requiring treatment, please call us right away: 619-670-5133

Singing Hills Memorial Park

Scott Prine, Manager

619.444.3000

2800 Dehesa Road El Cajon CA 92019

We are considered essential services and are open. Although I think people would rather not have to use our services! That being said, we've had a spike in people asking for preplanning information and we are getting that out as quickly as we can. All mortuaries are open as well. We've posted a notice on our website explaining the extra steps we are taking for the safety of the families we serve and our staff.

Nancy Kaufhold

Community PrePlanning Advisor CES.Lic#44526

619 490-7256

Email: nancy.kaufhold@securitynational.com

I am fully operational by phone, email and/or texting to provide important information and answer questions regarding you and your family's Preplanning needs. When you contact me, I will give you a free gift. It is a valuable Preplanning Guide that when filled out, answers about 90 percent of the questions that arise when a death occurs. Later, I give seminars to community businesses and company employees. I also give a fun no obligation Park Tour of beautiful Singing Hills Memorial Park later when we can. Previously, I worked 8 years for Singing Hills Memorial Park helping families make decisions and arrangements when they suddenly had a death in the family and had no prearranged plan set in place. I witnessed over and over how very hard and stressful this was on them, both emotionally and financially. A much better way is to make your arrangements ahead of time. Doing so protects you and your family, honors your wishes, provides comfort to those left behind as they will have the certainty of knowing what to do, provides financial security, freezes it at today's rates, and gives peace of mind to everyone. Please call me today for your free Preplanning Guide with no obligation.

Santee Lakes Recreation Preserve

619.258.4759

www.santeelakes.com

Our Day Use Park is closed and our Campground is open.

StaxUP Storage

619.444.6102

We're still open but we're not doing U-Haul rentals at this time. Our hours of operation are M-F 8a-5p and Saturdays 8a-4:30p. We are located on 1355 Hill St El Cajon, CA 92020 and

our phone number is 619-444-6102. We no longer have the student special.

StraightFire Digital Marketing

619-272-6964

Celia 619/504-3200

We are here to help guide business owners with their website and keep it up and running smoothly during this difficult time. Please visit our Facebook page for Do-It-Yourself tutorials: <https://www.facebook.com/findyofire/> or call us direct and we can do our best to walk you through any website issues you are having. There is NO COST for this.

St. Paul's PACE

1306 Broadway El Cajon Ca, 92021

833-PACE-NOW 833-7223-669

Website: <https://www.stpaulspace.org/contact-us/>

E-mail: enrollments@stpaulspace.org

St. Paul's PACE (Program of All-Inclusive Care for the Elderly) is open. We support seniors so they can continue to live independently at home by providing social services, in-home care, transportation, personalized medical services, and senior activities. If you are over 55 years of age with chronic medical conditions that make it difficult for you to live at home, St. Paul's PACE may be the ideal senior medical plan for you. Please visit our website for more details www.stpaulspace.org or call 1-833-7223-669 to speak to a friendly staff member that can answer your questions

State Farm®

Kristie Powell , Lic# 0C91894

Providing Insurance and Financial Services

1785 E. Main St. El Cajon, CA 92021

619-938-8100 M:619-820-2300

Website www.kristiepowell.com

Email kristie@kristiepowell.com

State Farm®

Yadira G. Garcia, Agent

Providing Insurance and Financial Services®

9410 Jamacha Blvd Ste A, Spring Valley CA 91977

619- 439-6930

Website : www.yadiragarcia.com

Email: yadira.garcia.xa2m@statefarm.com

License: 0d23445

We are helping customers via phone and email. We can even start all policies over phone: Life, auto, home, business, workers comp, etc... Thank you for the emails. Stay safe and healthy.

Sully-Jones Roofing Co.

1528 Pioneer Way, El Cajon, CA 92020

Mobile 619.933.4236 | Office 800.611.3110

idelacruz@sully-jones.com

<https://www.sully-jones.com/>

Sully Jones Roofing has been in business since 1952 and managed by a veteran team of roofing industry professionals with over 200 years of combined experience in the roofing trade. In addition to providing sound business management practices, the Sully Jones Roofing management team members are hands-on roofing experts.

T&T, LLC

Website: www.tntdynamite.com

Email: info@tntdynamite.com

Phone: 619-938-5640

Cash flow suddenly drop? Looking at exponential growth? Want week by week projections and recovery forecasting? Our Financial Freedom Specialist are here to empower you and your team on financial decisions. Online workshops and mentoring offered! Step by step teaching to facilitate true understanding of your company & personal finances.

Taxes by Design

1333 E. Madison Avenue, Suite 104 El Cajon, CA 92021
619-444-2829

We are open but currently not taking appointments in-person. We are taking new clients but cannot see anyone in the office right now. We are rescheduling current clients (or taking drop offs, mail ins and upload to our portal) and scheduling new clients in May (assuming the orders will be lifted by then). Taxpayers should be advised that the filing and payment date for all tax returns (both business and individual) are extended until 7/15/2020, with no interest and penalties for period of 4/15 through 7/15/2020. It is not necessary to file an extension request to receive the additional amount of; the extension is automatic for everyone. The stimulus checks will be based on a taxpayers 2019 return, if already filed, or the 2018 if the 2019 is not yet filed. Our website is www.taxesbydesign.com; email is crisparm@taxesbydesign.com and doreenwinn@taxesbydesign.com.

Team KIA-Mazda of El Cajon

541 N. Johnson Ave.

El Cajon, CA 92020

(619) 444-7200

Our Service & Parts Departments are open.

The Joint Chiropractic

110 Fletcher Pkwy #105, El Cajon, CA 92020

Email: ElCajon@thejoint.com

M-F 10-7, Sat & Sun 10-5

No appointment needed

I am confirming we are open during regular business hours.

Torrey Pines Bank

8379 Center Drive, La Mesa

Open at the drive up only.

Hours 8:30 am to 5:00 pm

Toyota of El Cajon/Toyota Certified of Santee

| [Website](#) | [Blog](#) |

965 Arnele Ave. El Cajon, Ca 92020

Direct: 619-270-3195

Toyota of El Cajon is open for Parts and Service.

Sales Department is open by appointment only. (Please call in to the dealership to schedule your appointment.) (619) 270-3000

Toyota Certified Center of Santee is open for Parts and Service.

Sales Department is open by appointment only. (Please call in to the dealership to schedule your appointment.) (619) 270-2900

U-Haul Centers

All of the U-Haul Center locations are open in East County. We have storage options at each of these locations as well.

U-Haul Moving & Storage of Spring Valley

8847 Jamacha Rd. Spring Valley CA 91977

U-Haul Moving & Storage of Lemon Grove

1805 Massachusetts Ave. Lemon Grove CA 91945

U-Haul Moving & Storage of El Cajon

1186 E. Main St. El Cajon CA 92021

Village Awards & Engraving

7769 University Ave. La Mesa, CA. 91942

619-463-2000

Email: randy@villageawards.net

Website: www.villageawards.net

Open Mon – Fri 8:00 – 5:00

Confirming Village Awards and Engraving is open during our regular hours, orders coming in via email and counter distancing for pick up. We are also shipping

Wade, Howard & Associates, CPA's LLP

1950 Cordell Court, Suite 101 El Cajon, CA 92020

(619) 442-3386

Wade, Howard & Associates CPA's are still serving our clients and the community: Administrative staff are in the office, but we are not open to the public. Instead, we offer the following ways to drop off your tax documents:

- Secure drop box outside of our front gate,
- Secure FTP portal, we can send you an invitation upon request,
- Email and finally,
- Mail, UPS and FedEx.

We have nine professionals working from their home offices preparing tax returns staying safe and healthy. We are accepting new clients, please reach out via email to:

Patrick@whacpas.com

Wheelhouse Credit Union

306 Broadway, El Cajon, CA 92021

Email: AGratton@wheelhousecu.com

Direct: (619)297-4835

Wheelhouse Credit Union is open and ready to serve East County. On top of our Digital Banking, Mobile App, and 24-hour Telephone Banking; our branches remain open during regular business hours as an essential business. Membership is open to anyone living or working in the San Diego Community.

If you are struggling to make your normal payments and day-to-day purchases, our Relief Line of Credit may be the right option for you (all loans subject to approval). For more information visit <https://www.wheelhousecu.com/covid19/>.

XL Staffing

Office: 619-579-0442

450 Fletcher Parkway Suite # 204 El Cajon, CA 92020

www.xlstaffing.com [Excell Security, Inc](#)

We are here to assist businesses with the latest in employment information. If you need to supplement your workforce with temporary workers during this season we have people ready to work.

If you need to layoff workers and want to have a place to send them where they can get some temporary work until you need them again, you can refer them to us.

stacy@xlstaffing.com

San Diego East County Chamber of Commerce

